

SWEET SPOT

Some of the sexiest shops in Paris are the patisseries. If you have been to France you'll know how truly wonderful they are, with their counters laden with intricately iced cakes and petit fours, neat rows of pastel macarons and tarts and pastries of every description. Elegant locals, men and women alike, queue patiently to first buy a ticket, then to have their purchases boxed and wrapped in beautiful paper.

Now we have our own traditional French patisserie in Parnell, Vaniye Gourmet, and I can personally vouch for the sheer deliciousness of patissier Sonia Haumonte's creations. The pistachella — precise layers of dark chocolate ganache and pistachio sponge — is absolutely divine and the seasonal apple and feijoa tatin was a symphony of fruit and caramel. Treat yourself to some take-home treats or sit in the calm of the shop and enjoy a pot of Harney & Sons tea or a fair trade organic Kokako coffee. — *Nici Wickes*

● *Vaniye Gourmet, 1/7 Windsor St, Parnell.*
Ph (09) 307 0839.



viva

FOOD & WINE